IHS TeleBehavioral Health Center of Excellence



Chris Fore, PhD, Director





Daniel Cook, MA, TeleBehavioral Health Coordinator



Eric Tsosie, IT Support



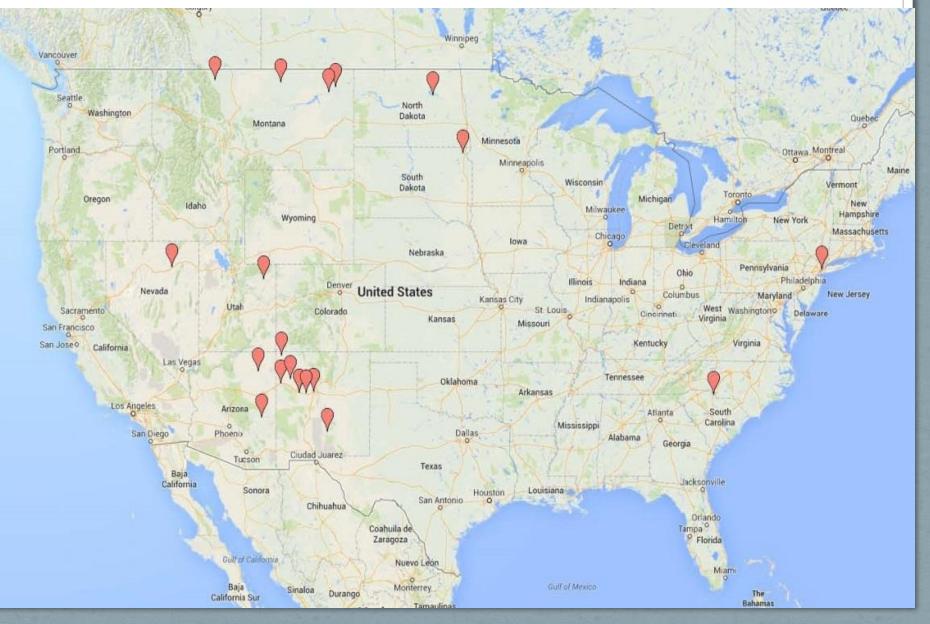
Alaina George, MA, Tele-Education Coordinator

IHS National Combined Councils Meeting | June 23-26, 2014

TBHCE Summary

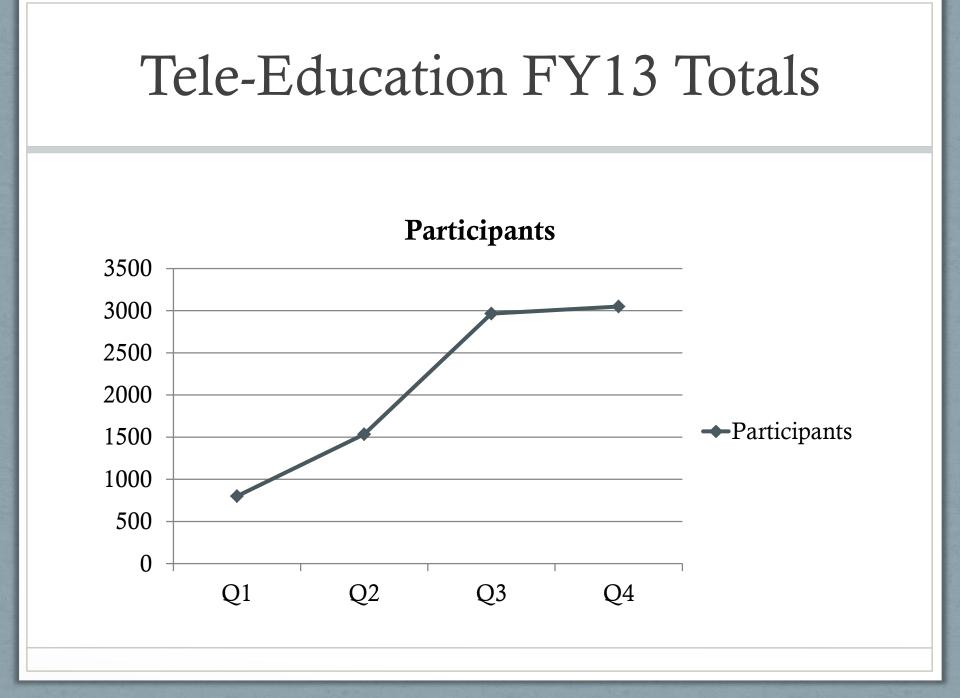
| Area | TA | Clinical Services | Education | Intra-Area Agreement |
|------------|----|----------------------|-----------|----------------------|
| Alaska | Х | | Х | |
| Aberdeen | Х | Х | Х | X |
| ABQ | Х | Х | Х | |
| Billings | Х | Х | Х | Х |
| Bemidji | Х | | Х | ? |
| Oklahoma | | | Х | |
| Nashville | Х | Х | Х | Х |
| Phoenix | Х | Х | Х | X |
| Tucson | Х | | Х | ? |
| California | Х | | Х | |
| Portland | Х | | Х | |
| Navajo | Х | Х | Х | X |

TeleBehavioral Health Sites

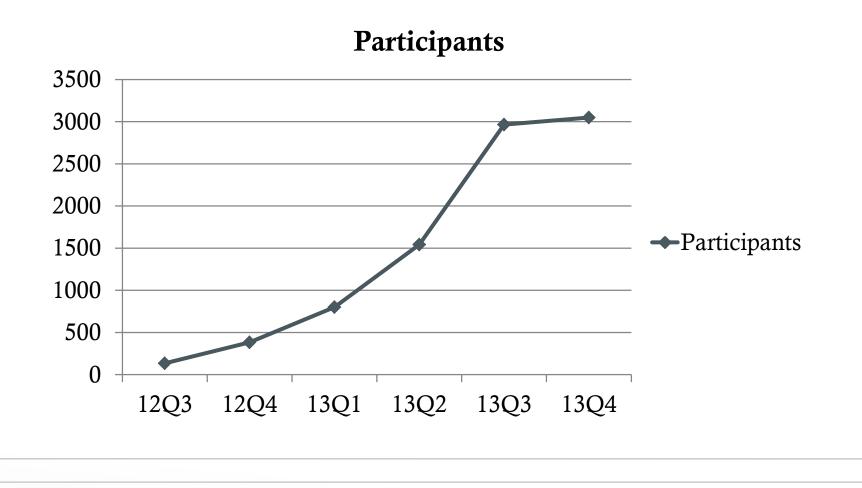


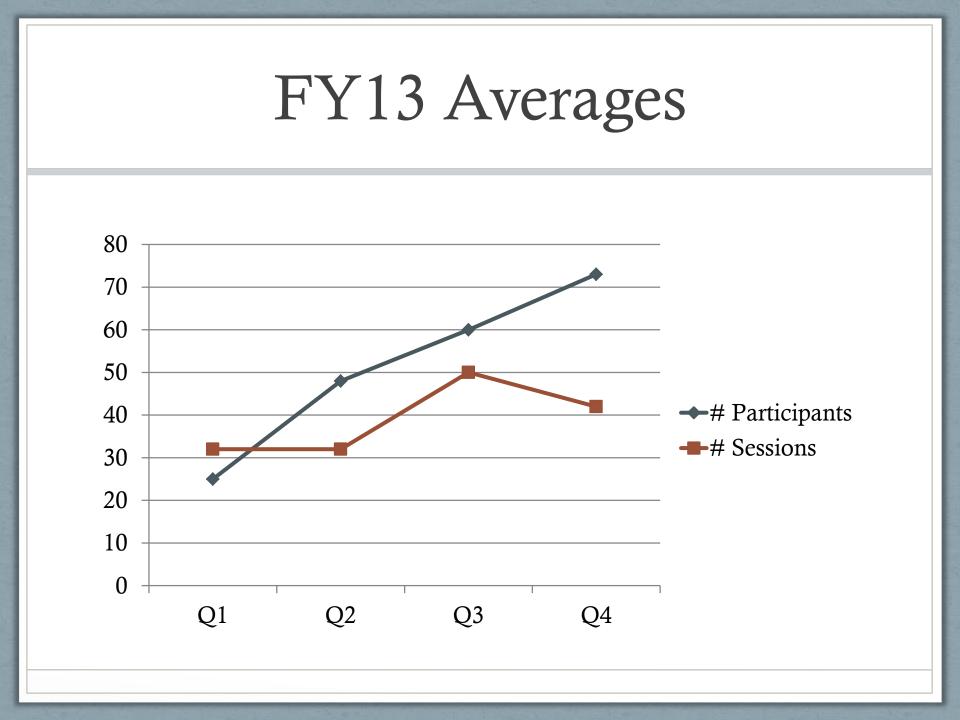
FY 2013 Tele-Education Highlights

- 156 online seminars hosted
- 8,700+ I/T/U providers trained (725+ a month)
- 5,000 free continuing education credits claimed

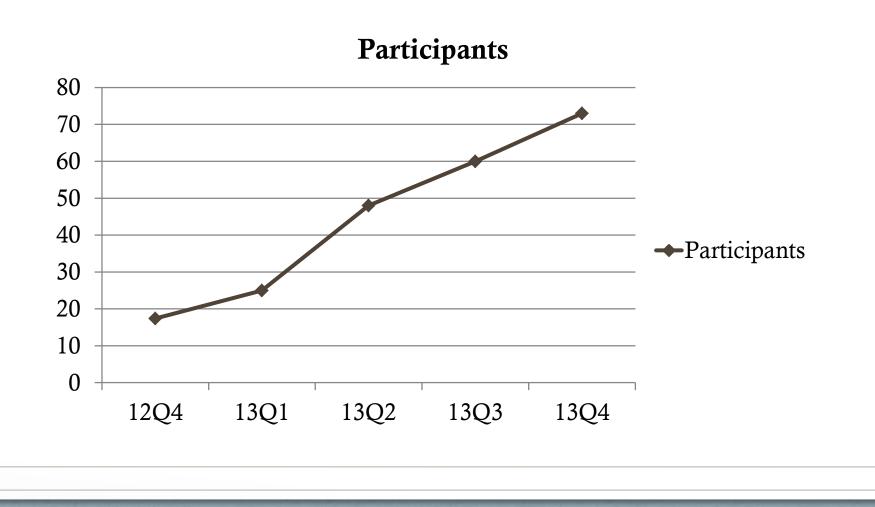


Tele-Education Totals Over Time

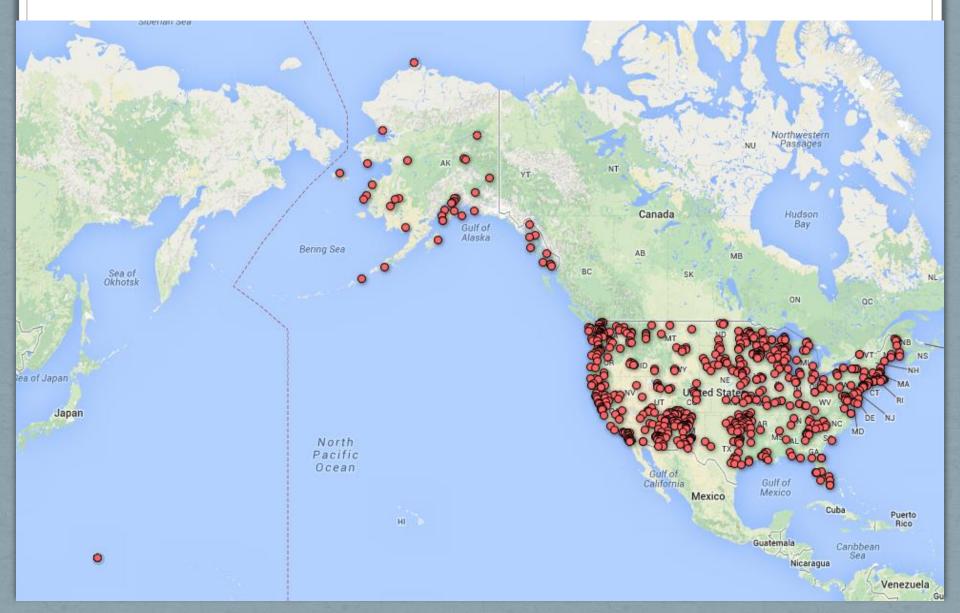


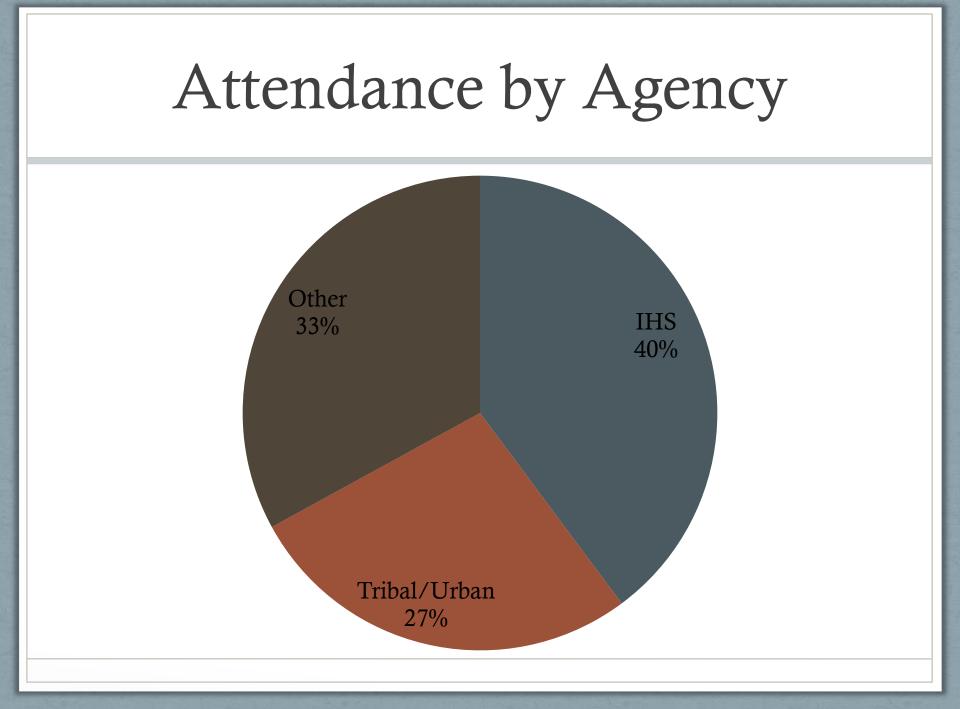


Average Participants per Session

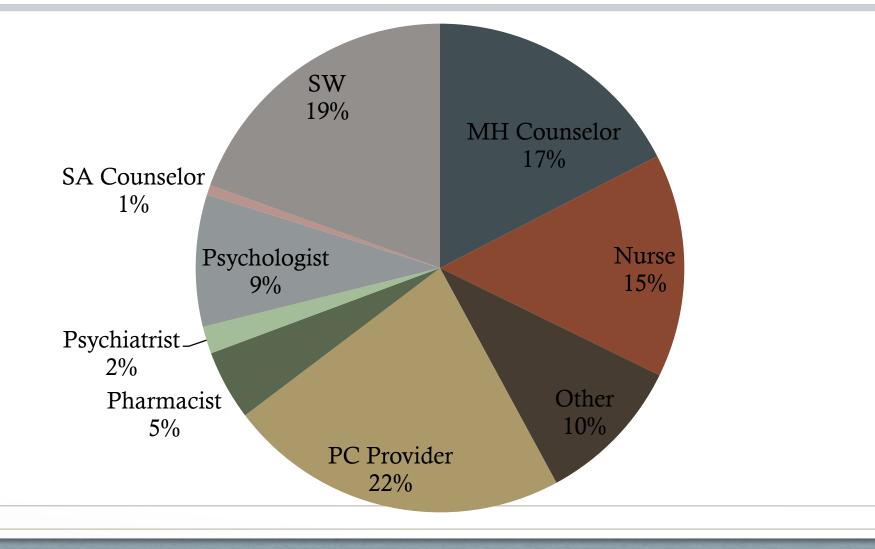


Attendees





Attendance by Profession



Changes from FY12 to FY13

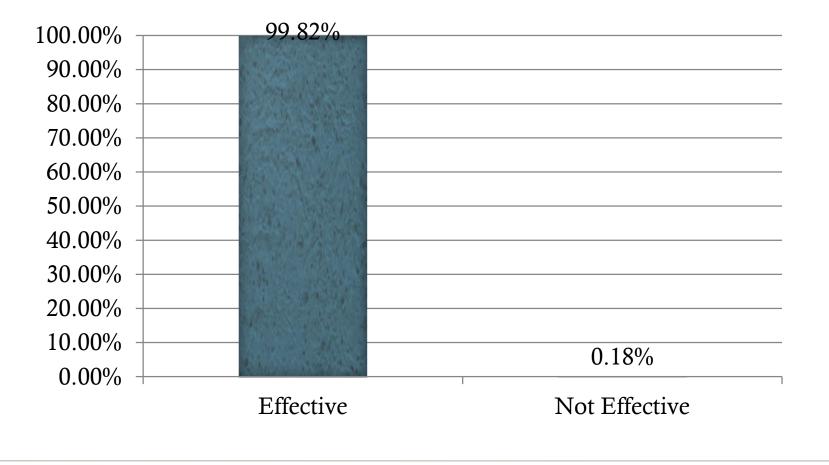
- 1,446% increase in total participants
- 296% increase in average participants per session

Tele-Education Topics

- Historical Trauma
- Child & Adolescent Behavioral Health
- Pain & Co-Occurring Addictions
- Traumatic Brain Injury, Developmental Delay, Intellectual Deficit patients
- Ethics and Professionalism
- IHS Clinical Rounds

- LGBTQ Issues
- Operation SAVE/Suicide Series
- Childhood Trauma in Indian Country
- Psychopharmacology
- DSM 5 trainings
- Division of Behavioral Health seminars

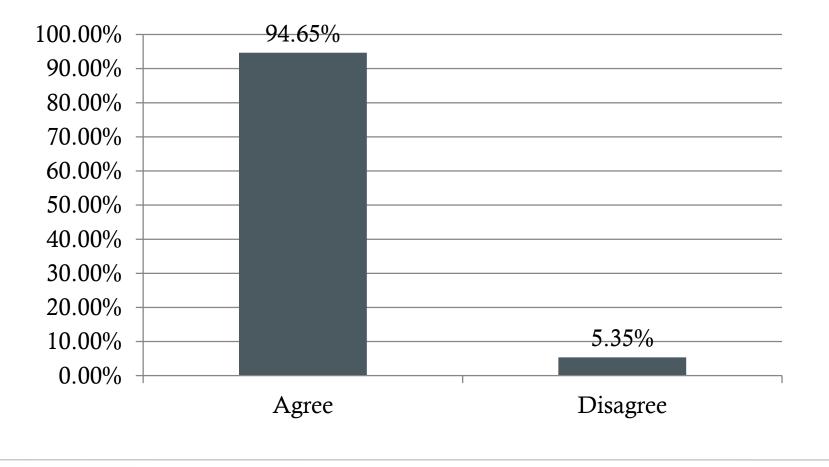
Effectiveness of Presentations





- "The presenter utilized concise and clear slides which I appreciated. I liked that she included references from her work with clients. She had an effective presentation outline and structure and she was engaging. I would like to attend another presentation given by this presenter."
- "As always, very informative. Always much new knowledge!"
- "Appeared genuinely understanding and culturally knowledgeable."
- "Presented in clear, concise, and organized manner. Role-playing helpful."
- "Great information, fantastic slides and resources."
- "I am impressed of the knowledge of the Presenters they were straight forward getting information across and sharing knowledge."

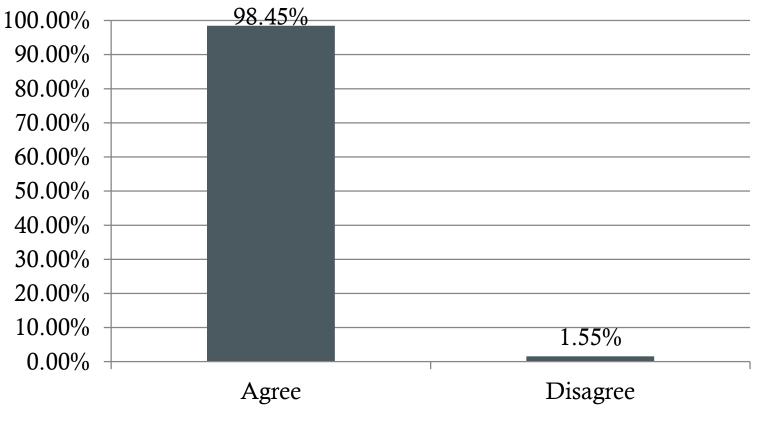
Satisfaction with Technology



Technology

- "IT infrastructure--video, audio, chat, questions, PowerPoint-the best of any such presentation I have attended!"
- "The videos were very helpful in demonstrating symptoms."
- "This was my first visit to the teleconference. Right from the start I knew I was going to enjoy this conference based upon the caliber of the speakers, the handout materials and how easy it was to access from my computer."
- "Excellent presentation! This was the most user friendly webinar I've ever attended, and I look forward to more IHS rounds, if they are all this easy to use/access."

Sessions Conveniently Located



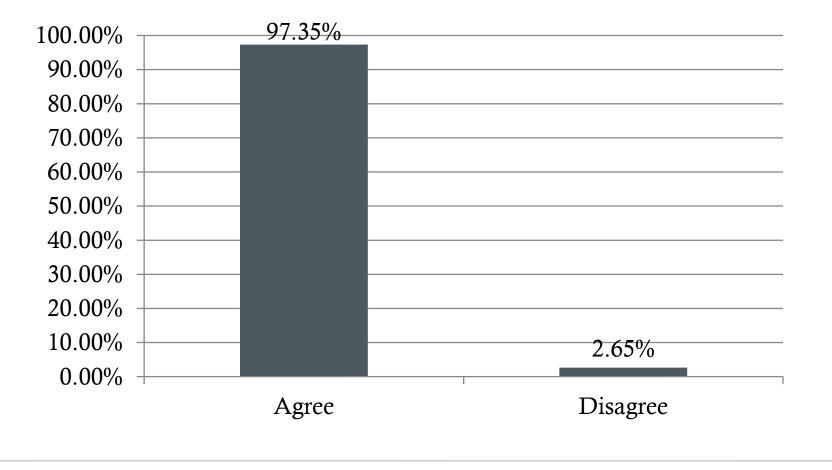
Convenience

- "I am good with whatever time is scheduled for these events. They are useful and productive and worth the time provided."
- "I was lucky to access this session from home because everything was closed due to snow ...Thank you."
- "This one hour video session was perfect. It allowed me to work around my schedule to enable me to find time to attend."
- "Webinar is great. I can connect from my own office."
- "This was very convenient and accessible."

Convenience

- "I appreciate the one hour webinars. They are short and sweet and provide a rounded view of the topic. Thank you."
- "Generally speaking, one hour is adequate and appropriate to my schedule."
- "A lot of great info in an hour. Thank you for offering the PowerPoint so I didn't have to cram in notes."
- "Easy way to get pertinent information out to everyone at the same time."

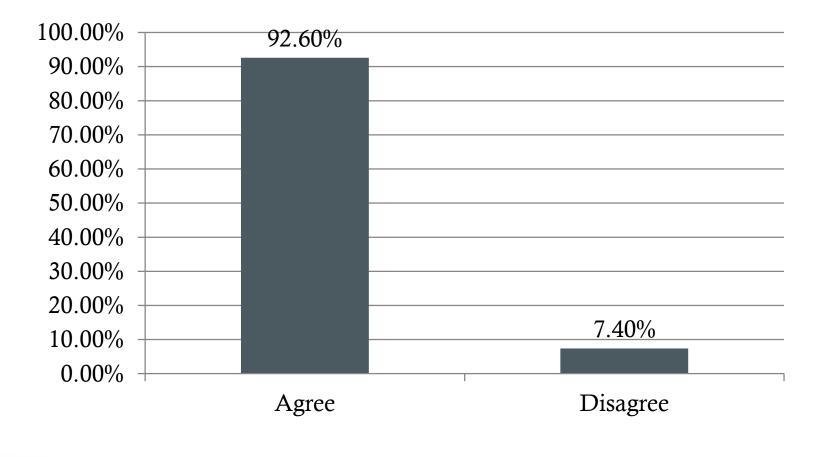
Comfortable Asking Questions



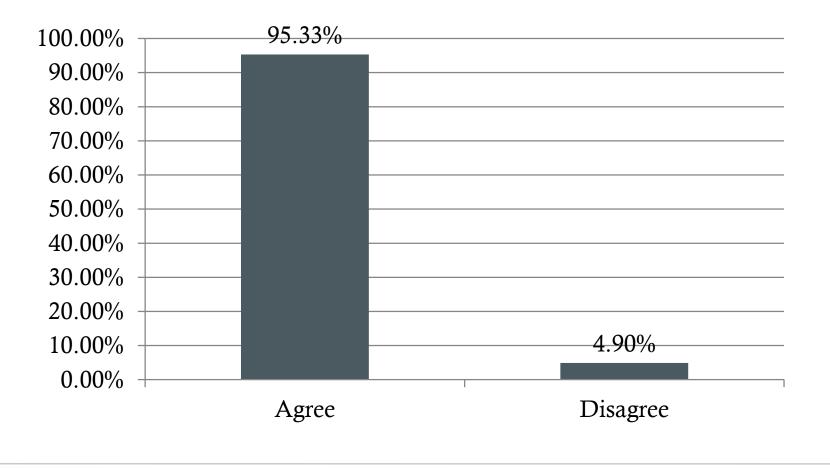
Interactive Format

- "I liked the hour-long format--can do over a lunch hour. I prefer the webinar, having video, slides, and questions/comments as we go."
- "Liked the live chat, nice set up very interactive."
- "Enjoyed responses to my questions."
- "It is great to be able to be connected with other professionals, especially when one practices in a very remote rural area."
- "I liked when a question popped up that he was attentive and would answer the questions. I felt like I was in a classroom. That is great."

Increased Confidence in Clinical Abilities



Will Incorporate Material into Clinical Practice



Incorporation

- "Though I am of a different program, I have ran into situations that relate to the topic at hand and am more interested in including suicide awareness along with my own programs outreach."
- "I train others in my program on documentation and the information provided today will help me to better develop the training and provide additional important information for documentation purposes."
- "Being new to Public Health Nursing, this training assisted in my training & boosted my morale to deliver efficient patient care."

Tele-Education Cost Savings

- \$500,000+ in direct CME costs saved
- 70,000 additional patients seen because providers did not have to travel for CME/CEU
- \$18,760,000 potential additional revenue because more patients were seen

Tele-Education Summary

- Easy & convenient
- Interactive
- Cost effective
- More patients can be seen
- Increased revenue
- Increases provider confidence
- Direct impact on patient care

